

PURE CANADIAN MAPLE SYRUP

naturally sweet!



Taste · Quality · Consistency
Reliability · Flexibility



World leader in truly unique MAPLE products

Canada **No. 1** Light
US Grade **A**
Medium Amber

Canada **No. 1** Medium
US Grade **A**
Dark Amber

Canada **No. 2** Amber
US Grade **B**
Commercial

Canada **No. 3** Dark
US Grade **B**
Commercial

Unique and delicious

Citadelle's maple syrups are preservative free and contain no GMO or added artificial flavors. They arrive at homes and food processing plants around the world just the way they left, the perfect example of how local products can rise to the challenges of global distribution.



PRODUCERS OF PURE INNOVATION



Use pure maple syrup in any cooked foods.
Excellent for bread, cakes and muffins.

For baking and cooking, use our pure maple syrup in all your favorite recipes instead of sugar or any sweetener.

- Substitute 225 g (1 cup) of white sugar with 335 ml (1 1/3 cup) of maple syrup
- Reduce liquids in the recipes by 85 ml (1/3 cup)

COMPARATIVE NUTRITIONAL INFORMATION

PURE MAPLE SYRUP VERSUS SUGARS (SERVING: 100G)

	Maple Syrup	Honey	Table syrup	Corn Syrup
Energy (kj)	1 053	1 490	1 050	1 270
Energy (calories)	252	356	250	304
Fats (g)	0	0	0	0
Sodium (mg)	1,2	1,9	0,0	0,0
Carbohydrates (g)	66	83	66	76
Sugars (g)	66	83	66	76
Proteins	0	0	0	0
Potassium (mg)	200	4,3	0	0
Calcium (mg)	70	0	0	0
Magnesium (mg)	20	0	0	0
Phenolic compounds (mg)	1	0	0	0

ALL OUR BRANDS ARE EXCLUSIVE



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